

DIGITAL GUIDE EUROSPIN ROMAOSTIA 2024

WHERE IS CASA EUROSPIN ROMAOSTIA LOCATED?

Casa Eurospin RomaOstia will be set up in Piazzale Pierluigi Nervi, in front of the starting point of Eurospin RomaOstia.

HOW TO REACH CASA EUROSPIN ROMAOSTIA?

Subway

Line B (blue)
Stop: Eur Fermi

Bus

Line 714 (Palazzo dello Sport) - frequency every 7 minutes
Stop: NERVI/PALAZZO DELLO SPORT

WHEN IS CASA EUROSPIN ROMAOSTIA OPEN?

Friday, March 1st from 10:00 to 20:00
Saturday, March 2nd from 10:00 to 20:00

WHAT IS NEEDED TO COLLECT THE BIB?

- 1 - Printed Confirmation Letter
- 2 - Identity document

In case of collection by proxy, the delegate must also fill out and sign the lower part of the form, the delegate must bring the required documents above + their identity document

Please check that your registration is REGULAR.

WHAT TO DO IF IT IS IRREGULAR?

If your registration turns out to be irregular, check the information on this page.

<https://www.romaostia.it/bollino-rosso-a-verifica-tessera/>

If the required documents are missing, we will NOT BE ABLE to deliver the bib but only the race pack.

HOW TO COLLECT FOR THE ASSOCIATIONS?

For the collection of the bib for more than 10 athletes, associations must send a request via email to:

societa@romaostia.it or WhatsApp to the number +39 351 914 7585 by Monday, February 26th

THERE IS NO BIB DELIVERY SERVICE ON SUNDAY MORNING

TIMETABLE

07.00 - Meeting of competitors at the start, PalaEur (Piazzale Pier Luigi Nervi - Rome)

08:00 - Maximum deadline to deposit the bag in the appropriate trucks

08.30 - Opening of the Starting Area for the athletes of the First Wave

08.45 - Last deadline to enter the starting area of the First wave

08.50 - Paralympic Race Start

09:00 - First Wave Start and opening of the Starting grids of the Second wave

09:15 - Second Wave Start and opening of the Starting grids of the Third wave

09:30 - Third Wave Start

10.00 - First arrivals at the Rotonda di Ostia

10.30 - Award ceremony for Absolutes

11.30 - Indicative time for the start of the distribution of prizes in sports equipment (absolutes)

13.00 - Deadline for the maximum time of 3h 30'

START GRIDS:

08.50 Paralympic race start

9:00 AM - FIRST WAVE START -

ELITE RUNNERS - WHITE COLOR

TOP RUNNERS - BLACK COLOR

BEST RUNNERS - RED COLOR

GOOD RUNNERS - LIGHT BLUE COLOR

9:15 AM SECOND WAVE START

FRONT RUNNERS - GREEN COLOR

RUNNERS - FUCHSIA COLOR

9:30 AM THIRD WAVE START

TOP RUNNERS - ORANGE COLOR

FITWALKERS - BROWN COLOR

MAXIMUM TIME

The maximum race time is set at 3 hours and 30 minutes, also to allow the gradual reopening of the roads to traffic. Two gates will be set up:

Km 10: for those who do not pass within 1 hour and 40 minutes;

Km 15: for those who do not pass within 2 hours and 30 minutes. All athletes (including Walkers) who pass after these times will be invited by the staff to stop.

TIMING - EVODATA

TIMING&DATA SOLUTIONS

The timing will be managed through a disposable transponder, special sensors will record the actual time taken by each athlete to complete the course, from the moment they cross the start line to when they cross the finish line. There will be carpets for chrono detection, also at km 5-10-15.

PACEMAKER

FIRST WAVE

1h24' - MARCO INDELICATO - BRAYAN GONZALEZ HERNANDEZ 3'58"/km

1h30' - NICOLA CARDELLINI - DOMENICO SERPELLA 4'16"/km

1h35' - PIERLUIGI CIARDI - FABRIZIO IACOROSI 4'30"/km

SECOND WAVE

1h40' - STEFANO CINA - MARCO CAPONERI 4'44"/km

1h45' - ALESSANDRO CELLI - MAIKOL POLIZIO 4'59"/km

1h50' - LUCIA REGGIO - MARCO CAVARRA 5'13"/km

1h55' - NADIA RICCARDI - BARBARA IZZO 5'27"/km

2h00' - ELENA PESAVENTO - LIVIA PESAVENTO 5'41"/km

THIRD WAVE

1h40' - CLAUDIO CLEMENTI - VINCENZO CIURLEO 4'44"/km

1h45' - LUDOVICA BACIUCCHI - MARCO CINQUANTINI 4'59"/km

1h50' - ALBERTO FLORINI - ARMANDO DE SOSSI 5'13"/km

1h55' – OVIDIO CORRADO – FRANCESCO PILO5'27"/km

2h00' – MAURIZIO PASSA – MASSIMILIANO CAMBONI5'41"/km

2h06' – SARA BELA' – LUCIA CAPPELLATO6'00"/km

2h15' – ALESSIA TOMASSINI – SEBASTIANO VIOLANTE6'24"/km

2h40' – RENZO MAMMETTI – SERGIO DI DOMENICO7'35"/km

2h50' – ARIANNA PETTI – SIMONA SOLOMBRINO8'03"/km

3h00' – MAURO RUSSO – TIZIANA ARMENI8'32"/km

MEDICAL SERVICE

The medical service will be provided by the Italian Red Cross, which will provide ambulances, bike rescuers, a medical motorcycle, teams of rescuers, and finally 2 Advanced Medical Posts (PMA) at the finish line, complete with equipped setups, with doctors and related medical equipment.

AFTER THE FINISH LINE

At the end of the race, each athlete with a bib will receive a refreshment package containing:

- 1 Enervit Sport Drink Supplement
- 1 Eurospin single-portion Tarallini
- 1 Eurospin fruit juice
- 1 Eurospin Farciorange Snack
- 1 Eurospin banana
- 1 single-dose packet of Mielizia honey
- 1 0.5-liter bottle of Acqua Vera natural water
- 1 Apple

A GLUTEN-FREE REFRESHMENT is provided as every year.

The refreshment package will also include a waterproof PONCHO to wear for protection from cold and wind.

Later, you will receive the well-deserved medal!

Note: To facilitate a smooth flow of the many participants arriving at the finish line, once past the refreshment area, it will not be possible to go back.

DOCCE DISPONIBILI

Showers available at the Sporting Beach for the athletes.

RESULTS

Unofficial results will be available immediately after the finish on the website www.romaostia.it and on www.tdslive.com. The ranking will be drawn up in Real time. Both the CATEGORY rankings and those for obtaining sports equipment will be drawn up in Real time as well.

Three timing checkpoints are planned along the route, at km 5, 10, 15, to check passing times.

PHOTO SERVICE

Also this year, immediately after the race, you will receive your photos directly on your smartphone with full respect for privacy!

Download the Getpica app to view your photos.



BAG COLLECTION

You will find the Bag Deposit trucks lined up after the refreshment area (i.e., after the area delimited by the high barriers), about 300 meters from the finish line. Position yourself in front of the right truck. Check the truck number on the bottom of your bib.

HOW TO RETURN TO THE START

Take the Rome-Lido train line at C. Colombo station (300 meters from the finish line) and get off at Eur Magliana (approximately 20 minutes).

From Eur Magliana, take the metro (Line B) to Eur Fermi station (2 stops, or get off at Ostiense, also on Line B of the metro).

For the return trip to Rome, we recommend that you have an ATAC ticket costing Euro 1.50, available at tobacco shops or from the automatic distributors at the stations.